

WORLD'S WOMAN'S CHRISTIAN TEMPERANCE UNION



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Mrs. Dorothy Harris, oldest member of the Adelaide, South Australia WCTU, (age 98) cut the anniversary cake celebrating 125 years with Dawn Giddings, South Australia President, looking on.

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The President's Page . . .

Sarah F. Ward

Dear White Ribbon Sister,

Congratulations to the WCTU in Adelaide, South Australia on their 125th anniversary! Note the picture on the front cover. I was privileged to join them in their celebration service and luncheon on April 8th - the exact date that our first round-the-world WCTU missionary, Mary Clement Leavitt, organized the Union 125 years ago. At the urging of Dawn Giddings, South Australia President, I wrote a brief biography of Leavitt which was introduced that day. I spoke about Leavitt and the world-wide work being done today in WCTU which is her legacy.

I had a busy speaking commitment in South Australia. It included a morning tea at Parliament House commemorating the anniversary, two school classes (see picture below) and the Rotary Club at Kadina. I spoke at the Para Vista Seventh Day Adventist church and gave brief remarks at the Marion Salvation Army church service. The Kadina WCTU hosted a luncheon for Dawn Giddings and me and obtained an interview from the local newspaper. See related pictures on pages 11 and 12.

I am grateful to the National WCTU Officers of the USA for designating a room in the Headquarters at Evanston for the use of the World WCTU. I offer a special thanks to the National President of Australia, Ellen Chandler, and her Officers, for giving us an almost complete set of World report books which will be placed in the room in Evanston along with the materials from the Frances Willard Library at USA Headquarters.

The World Officers are meeting at the WCTU headquarters of California South the first week in May. Do not forget **World No Tobacco Day, May 31!**

Students from the Kadina School in South Australia with Sarah Ward, World President



**39th World WCTU Convention - May 3 - 8, 2013
Adelaide, South Australia**



3rd Vice President *Dr. Dora Judith Coloma de Barrientos*

WHO ARE YOU?

All human beings long to be free, yet every day they are judged by the people who surround them in each area where they carry out activities. This is precisely where insecurity with regard to their liberty arises. That is why they need to know they will obtain liberty when they come to know Jesus Christ as their Lord and Savior, and in that way they will freely be able to fulfill their purpose on earth.

Jesus knew who He was and what His mission was (Luke 4:18-21). Today, in this convulsive world, where all are striving to be the most popular, the most influential, the most beautiful, it is worthwhile to stop and ask yourself: "Who am I?" and "What am I experiencing at this time?"

Remember that the source of your validation comes from the Lord and not from your critics. It is important to listen to others for feedback but not for validation, no matter if they love, criticize, respect, honor, slander, crown, or crucify you. The greatest blessing that exists is to be yourself. You should be able to handle fame, wealth, or power as an indicator of who you are and also be able to withstand the onslaught of criticism without altering yourself.

This is why it is important to know who you are - to know if you are made in the image and likeness of God's Son. When you have this security, then you will discover that forgiveness is a constant exercise to protect your freedom.

You should depend on the Lord to nourish your strength every day and in that way, when you are called upon, it can be said of you as was said of Jesus in Luke 9:35b: "This is my beloved son; whom I have chosen, listen to him."

Each day you will face attacks which will try to diminish your strength. Don't forget that what nourishes your life are actions guided by the knowledge of who you are. Never again will you be a slave to sin, alcohol, tobacco, drugs, extramarital sex, etc. You are free to bless your family and others. Remember that you have received Christ as your Lord and Savior. You are a child of God.

DEBORAH FOUNDATION

Guatemala, Central America

Dr. Dora Judith Coloma de Barrientos

Deborah Foundation was incorporated on July 11, 2003. It was formed as Project Deborah in 1997 with the support of the sisters of the White Ribbon in Norway. Currently in 2011 Deborah Foundation serves 32 communities with a population of 31, 202. From the beginning we have received support from a group of volunteers, Sisters of the White Ribbon of Guatemala, who continually pray and assist with the projects the Foundation carries out.

The Deborah Foundation provides services to a population that lives in extreme poverty in the Sector of El Mezquital which is in the town of Villa Nueva in Guatemala. This area is considered a high-risk area because of the daily murders, assaults, and extortions. Some staff members and students have been forced to abandon their homes in the early morning hours to protect their lives.

The Deborah Foundation works toward the advancement of women and their families, offering education, holistic health, addiction prevention, and violence prevention. It promotes the social-political participation of Guatemalan women who have been socially and economically excluded. These women receive education, occupational training, and technical advice that will enable them to integrate into the formal economy and society in order to raise the quality of their personal and family life.

Deborah Foundation works to promote women and family by providing formal education and job training for young and adult women who have been excluded from the education system because they do not have the economical resources to develop themselves. From 1997 to 2010, 1,689 women have received training. From 2008 to 2010, 316 women have received formal education. From 2009 to 2010 teenage students (boys and girls) from 18 educational establishments have received monthly life formation workshops with a focus on Rights and Values, Addiction Prevention, Health, Nutrition, Sexually Transmitted Diseases, HIV/AIDS, and Family Planning. From 1997 to 2010, 823 women have received care for their children, ages 2 to 6 years of age, at the Child Development and Care Center; 2,520 women have received check-ups and 10 women have received timely care for cancer.

The foundation lacks economical resources for its autonomous sustainability to increase projects which support women and provides security to personnel and the women in the programs. In order to continue, we need your prayers and support for this essential labor of love.





Organization Secretary

Margaret Ostenstad

Please E-mail me articles and jpg photos about your work to wwctu.most@c2i.net

JAPAN

News from Mrs. Masako Sato indicates that all is well with their members although there is concern for those living near the nuclear plant. The stoic courage of the Japanese people during the unbelievable damage done by the earthquakes, tsunami, and nuclear atomic power plant has been commended worldwide. Your prayers have been felt and appreciated. The new Japanese President, Akiko Arakawa, added that they are thinking of ways to help their people and are relying on God to help them.

AFRICA

A newsletter from Mrs. Joy Butler, Field Worker for Africa reports that:

Priscille Metonou, previously a Women's Ministries Director in Ivory Coast, is now a lecturer in law at Babcock University in Nigeria. She has been a strong supporter and leader in WCTU and has an opportunity with other WCTU sisters in Nigeria to influence thousands of students. Pray for her.

Beverley Ramages in South Africa reports that there are new WCTU groups being started. Pray for those groups.

Renee Mwamakamba, originally from Zimbabwe, but now married and living in Kenya is the TEO (Temperance Education Officer) for a new project being started. She will be speaking at schools, universities, churches, and women's groups in Kenya and Tazania. Please pray for her and this project.

NORWAY



This cute little koala is advertising the next World Convention which will be held in Adelaide, South Australia, May 3 - 8, 2013. We Norwegians have connected it to a membership campaign. The person who gets the most new members will be given a free trip and accommodation to the Convention! Perhaps this could be an idea for other countries.



GUATEMALA

These beautiful children are beneficiaries of the Norwegian White Ribbons project in a red zone on the outskirts of Guatemala City. They attend the centre and receive one warm meal and two snacks daily. After they “graduate” they are allowed to attend the public elementary school, something that was not possible before 2005. The women who attend the

Academy receive elementary education as well as job training, such as beautician, hairdresser, seamstress to name a few. This is life-changing for the entire family. Every three years the project is evaluated by independent evaluators. I recently traveled to Guatemala and found that it was necessary to add extra security for the academy. Nearby,



a seventeen-year-old student had been pulled into a car and raped by four men; a teacher had been shot and killed; and extortionists demanded money from the firm that drivers water to the project. Refusal means death so the women and children had been without water for nearly two weeks. Please pray for these people who live daily in a world of violence and for the White Ribbon sisters who go in to help them. (See more information on page 5).





Home Protection Dept.

Desiree Lanigan

ALCOHOL-FREE HOSPITALITY

Who said a great drink had to contain alcohol? There are an increasing number of people who are looking to entertain and be entertained without it. For many it is a matter of enjoying the taste of a refreshing drink without any of the potential side-effects of alcohol. That is the beauty of alcohol-free hospitality.

Mocktails are mock cocktails, or those that do not contain any alcohol. Any drink recipe can be modified by simply leaving the alcohol out. These alcohol-free drinks are great for serving the entire family and guests. There are many appealing and nutritious products that can be used in their creation. Alcohol-free cocktails or mocktails are every bit as delicious and worthy of public acclaim as any that contain alcohol. Alcohol-free cocktails (mocktails) are accounting for more space on restaurant and bar menus because of guests and patrons who may not always want a traditional cocktail - a demographic that is becoming larger by the day.

A non-alcoholic beverage is a beverage that contains less than 0.5% of alcohol by volume. Non-alcoholic beer and non-alcoholic wine undergo an alcohol-removal process that may leave a small amount of alcohol. Because of this, some states and provinces have legal restrictions on non-alcoholic beer and wine. So beware and look for the alcohol-free beverages.

Coffee and specialty coffees are also great for entertaining. There are many ways to serve it. Use high quality beans and grind them just before brewing. You can use colourful, over-sized cups. Offer a selection of special and flavoured blends. Be creative.

Don't forget about tea. Teas can be found in many varieties. You can offer flavoured, decaf, herbal, hot, iced, bottled, freshly-brewed, or even make your own.

Offer a selection of bottled waters. There are so many kinds - sparkling waters, spring waters, glacial waters, still mineral waters, flavoured waters, imported waters, and more.

Offering guests alcohol-free hospitality lowers your risk of liability and your guests' risk of alcohol-related problems. Being a good host means safeguarding your guests, yourselves, and others, as well as having a good time. Try this alcohol-free mocktail recipe at your next diner, party, or event.

Frozen Mango - Lime Chiller

1 ripe mango (about 12 oz.) peeled, pitted, and coarsely chopped

1/4 c unsweetened pineapple juice

2 Tablespoons fresh lime juice

2 Tablespoons superfine granulated sugar 2 ice cubes

In blender combine mango, pineapple juice, lime juice, and sugar. Blend on high speed until smooth. Add ice cubes, blend until smooth and slushy. Immediately pour into stemmed glasses and serve. Enjoy!



Social Service Dept.

Hyun Sook Lee

As I was preparing to write this article, I was reminded of the following verse: “Do not conform to the pattern of this world, but be ye transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is - his good, pleasing, and perfect will.” (Romans 12:2)

The words “by the renewing of your mind” touched my heart. In the verse it says that we must first be transformed by the renewing of our mind and then we will be able to know what God’s will is. Then what is God’s pleasing and perfect will?

God wants our hearts to be renewed. He wants us to change from our old selves and have a new and transformed heart. This means that we have to change from our old direction to a new path. It is to change our hearts from only seeking the things that we can see in this world to what we cannot see and at the same time to something that is eternal. We must live pursuing eternal life and His will instead of the worldly things such as honor and power.

In Ephesians 2:10 it states: “For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.” As it says in this verse, we must live like Jesus, who is our salvation, and carry out His good works in the world. The apostle Paul is an example of one who lived the Gospel and who took the lead in doing good works. He encourages us in the following verse that we should never be in despair as we carry out good works: “Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.” (Galatians 6:9)

Helping the poor, comforting those that are sick and in suffering, freeing those that are bound to drugs and chains of evil and bringing them into God’s embrace, and giving hope and reason for living to those that are in despair can all be defined as good works. However, giving up after doing good works once or twice because of disappointment is not truly doing good works. We must do it continuously and until the end. We must do it until the day He comes. Even though we do not know the day or time when He will come, there is one thing we do know and that is we must continue to do good works.

I believe that our Lord will be very pleased on the day that everyone in this world comes to believe in Jesus. But if we live ignoring our Lord’s will, there are times when the Lord warns us in different ways. We know this through many experiences in our personal lives, society, and the world. Now is the time to renew our hearts. But in order to pursue after righteousness, there must first be righteousness in us. We can carry out good works when there is good such as sympathy, mercy, and love in our hearts.



Youth Director

Dr. Yetunde A. Odeyemi

The Need to be Mentors and for Mentoring

Einstein's theory of general relativity teaches that all matter in the universe has a gravitation pull on all other matter. This is true in all ramifications of relationships in nature and between us human beings. One ready example in nature that comes to mind is the moon's gravitational pull and the tidal levels of water bodies on the surface of the earth. For as long as the moon is in existence, waxing and waning, there will always be marked changes in tidal levels.

As human beings, our influence and activities will always exert an amount of gravitational pull not only on our immediate families, neighbours, and environment but also on everything else in the created world. We do not need a comprehensive lesson in physics to recognize the reality of the gravitational pull. God gave us the freedom to act and there are two spheres in which we can act. We have the freedom to act rightly, just as well as we are free to act wrongly. Life does not come in sealed off, distinct, separate sections, categories, or compartments. All around us we can see how our deeds and actions can either radically or tragically impact others and even generations later.

We all will experience each aspect of the life cycle once and none is given the opportunity to relive any aspect. Therefore, we must be careful in regard to the things we say, do, or act out, for who knows the impact that our deeds and words will have on others in the short-term and long-term.

Every young person has huge lessons of life to draw from the lives of adults with whom they come in contact. To most youth, adults are old-fashioned. Let youth remember that adults were once young and have grappled with the issues of youthful living at one time. However, every mature adult is willing to correct the wrong decisions of their past, not by turning back the hands of the clock but by helping young people make right decisions.

This therefore is a reminder to all WCTU sisters that our duty to youth still remains in the realm of mentoring. For the young people, the hand of fellowship extended by matured Christian adults should be accepted as help to avoid contention and a life darkened with anxiety and grief.



Members and assistants of South Australia Parliament who hosted a tea for the WCTU in commemoration of the 125th anniversary - also pictured are Anne Bergen, World Recording Secretary, Dawn Giddings, South Australia President, and Sarah Ward, World President.



Members of the WCTU of Kadina, South Australia with Dawn Giddings, South Australia President, and World President, Sarah Ward



Display boards of the history of the Adelaide WCTU and serving table for the 125th anniversary celebration, April 8, 2011, at the Marion Salvation Army, South Australia



WCTU members and guests of Alice Springs, South Australia with Anna Mae Hartsock of Indiana (USA), Dawn Giddings, South Australia President, and Sarah Ward, World President



Sign on the side of the Headquarters' Building



WCTU Headquarters, Adelaide, South Australia